



## Uncertainty Reduction Theory (URT)

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When people meet, their primary concern is to reduce uncertainty about each other and their relationship. As verbal output, nonverbal warmth, self-disclosure, similarity, and shared communication networks increase, uncertainty decreases—and vice versa. Information seeking and reciprocity are positively correlated with uncertainty. (*Socio-psychological tradition*)

### Focus Questions

- Why do you want to *know* your partner? Or how much could you handle *not knowing* about them?
- What causes you the most amount of uncertainty: not being able to explain a partner's behavior (current tense) or not being able to predict it (future tense)?
- Do we have any choice or are we just propelled to reduce uncertainty?
- Knowing you cannot trade certainty for uncertainty once it's been reduced, are there times when you would prefer to preserve the unknown?

### Reading

- Chapter Nine: Uncertainty Reduction Theory

### Slide Deck

- [Uncertainty Reduction, Chapter 9](#)

### Handouts

- [Orientation Activity](#)

### Discussion Questions

These are potential discussion questions for class

- What are the basic tenants of Uncertainty Reduction Theory?
- Think of an example where URT occurred, provide the facts regarding the situation and explain its connection to URT.

Note: When the course is taught asynchronously I general make the following adjustments:

- The discussion and focus questions are built into the LMS discussion module
- The class activities are built into the LMS assignment module
- The lectures are recorded utilizing short clips (traditional strategy) and make them as entertaining as possible (new strategy)
- Provide a preliminary meeting at the beginning of the assignment window for description of the module and to respond to student questions. The meeting is recorded for students.
- Program notices and tracking (if the LMS has such a module) to remind students of the timeline and to prompt me to look at student efforts.
- Meet with students one on one on a regular basis.